














CISB Daily Special Western Food

April 2019

Week 1

	Monday 4.1	Tuesday 4.2	Wednesday 4.3	Thursday 4.4	Friday 4.5
Soup	Cream of pumpkin soup 奶油南瓜汤	Russian soup 蔬菜汤	Tomato Egg Soup 番茄蛋汤	Cream of mushroom soup 奶油蘑菇汤	
Hot Food	Deep-Fried Fish Chop  with Tartar Sauce 英式炸鱼排配塔塔汁 Green Garden Salad  花园沙拉 Home Made French Fries 自制薯条 	Mediterranean Roasted Chicken 地中海烤鸡腿 Sautéed Vegetable  混合时蔬 Baked Potato 烤土豆 	Spaghetti 意大利直面 Penne 意大利弯管面 Macaroni 意大利斜切面  Bolognese 牛肉酱 Tomato Sauce  番茄酱 	Bibimbap 石锅拌饭  Beef Slice/ Mushroom/Zucchini/ Carrot/ Bean Sprout/Egg 肥牛,蘑菇,西葫芦,胡 萝卜, 豆芽,煎鸡蛋 Pickled kimchi  泡菜 	



* The set menu includes Drink / Salad / Dessert., The price is 35RMB / Set, The set meal can be refilled.












CISB Daily Special Western Food

April 2019

Week 2

	Monday 4.8	Tuesday 4.9	Wednesday 4.10	Thursday 4.11	Friday 4.12
Soup	Tomato Egg Soup 番茄蛋汤	 Mixed Beef Soup 西湖牛肉羹	Minestrone Soup 意式蔬菜汤	Cream Pumpkin Soup 奶油南瓜汤	
Hot Food	Chicken Pizza 意大利鸡肉披萨 Chicken Wings 烤鸡翅 Green Garden Salad  花园沙拉	Cajun Chicken 卡真烤鸡  Mix Vegetable 混合时蔬 Roasted Potato 烤土豆	 Beef & Cheese Hamburger / Mixed Salad 牛肉芝士汉堡包/蔬菜 沙拉 Home Made French Fries 自制薯条  Cheese/ Lettuce/ Tomato/ pickle 芝士/生菜/番茄/酸黄 瓜	Chicken Tikka Masala 印度特制香烧鸡柳 Aloo Gobhi  印式土豆花椰菜 Veg Pulao  印式时蔬炒饭	



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CISB Daily Special Western Food

April 2019

Week 3

	Monday 4.15	Tuesday 4.16	Wednesday 4.17	Thursday 4.18	Friday 4.19
Soup	Seaweed & Egg Soup 紫菜蛋花汤	Corn soup 玉米羹	Tomato Egg Soup 番茄蛋汤	Minestrone Soup 意式蔬菜汤	White Fungus soup 银耳羹
Hot Food	Roasted Chicken 奥尔良烤鸡 Green Garden Salad  花园沙拉 Roasted Potato 烤土豆	 hamburger Steak with Spicy Tomato Sauce & Sausage 辣味番茄汁汉堡牛排 配香肠鸡蛋 French Fries 薯条 Whole Wheat Bread 全麦面包	 Spaghetti 意大利直面 Penne 意大利弯管面 Macaroni 意大利斜切面  Bolognese 牛肉酱 Tomato Sauce  番茄汁	 Stewed beef 红烩牛肉 Poached Carrot &  Cauliflower 胡萝卜菜花 Steamed Rice 米饭	B.B.Q chicken leg B.B.Q 烤鸡腿  Vegetable 时蔬 Roasted Potato 烤土豆



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CISB Daily Special Western Food

April 2019

Week 4

	Monday 4.22	Tuesday 4.23	Wednesday 4.24	Thursday 4.25	Friday 4.26
Soup	Winter Melon Soup & Dry Shrimps 海米冬瓜汤	Corn soup 玉米羹	Tomato Egg Soup 番茄蛋汤	Minestrone Soup 意式蔬菜汤	Cabbage & Vermicelli Soup 白菜粉丝汤
Hot Food	Bibimbap 石锅拌饭  Beef Slice/ Mushroom/Zucchini/ Carrot/ Bean Sprout/Egg 肥牛, 蘑菇, 西葫芦, 胡萝卜, 豆芽, 煎鸡蛋 Pickled kimchi   泡菜	 Cheese gratin rice w/meat ball 牛肉丸焗饭 Mixed Vegetables  混合时蔬	 Beef & Cheese Hamburger / Mixed Salad 牛肉芝士汉堡包/蔬菜 沙拉 Home Made French Fries 自制薯条  Cheese/ Lettuce/ Tomato/ pickle 芝士/生菜/番茄/酸黄  瓜	 Baked fish w/green pesto 香草烤龙利鱼 Broccoli and Cherry  Tomato 西兰花小番茄 Roasted Potato 烤土豆	 Roasted chicken w/mushroom ragout 烤鸡配蘑菇汁 Poached cauliflower &  green pea 菜花毛豆仁 Baked potato wedge 烤土豆








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CISB Daily Special Western Food

April 2019

	Monday 4.29	Tuesday 4.30	Wednesday	Thursday	Friday
Soup	White Fungus soup 银耳羹	Corn soup 玉米羹			
Hot Food	 Hamburger Steak with Spicy Tomato Sauce & Sausage 辣味番茄汁汉堡牛排 配香肠鸡蛋 Roasted Potato • 烤土豆 Whole Wheat Bread 全麦面包 	 Roasted Beef Tenderloin With Mushroom Sauce 烤牛里脊配蘑菇汁  Roasted Tomato 烤番茄 Roasted Potato 烤土豆角 			



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